

Tips for coordinating a Gatekeeper network

It is important to not just train Gatekeepers, but to implement and maintain Gatekeeper networks to identify and support people at risk of suicide.

This tipsheet will help you to ask the right questions in creating and maintaining your network, along with the support offered by the SPCM.

After your Gatekeeper training, ask yourself :

- Are the Gatekeepers familiar with their designated contact person? Do they know how to contact them?
- Does the community know who the Gatekeepers are? Do the Gatekeepers know who the others are? Do they know how to contact one another?
- When should I ask for a training refresher? What themes should be explored or reviewed further?
- What strategy should we adopt to maintain the Gatekeeper network to account for employee turnover?
- Do I know how the Gatekeepers of my network prefer to be identified and encouraged in their roles?

For a proactive Gatekeeper network!

A proactive Gatekeeper network will have:

- Support and access to continued training
 - The intention to be proactive
 - Members that are confident and equipped for their roles
 - An up to date and clear protocol on how to contact the designated contact person
 - A community aware of the existence and value of the Gatekeeper network
-

Support offered by the SPCM:

- Training for Gatekeepers and continued training
- Support in implementing and supporting your Gatekeeper network
- Support in your creation of Gatekeeper protocols
- Connection to the larger Montreal Gatekeeper network
- Access to 1-866-APPELLE as a Designated resource as needed

Email us at: formation@cpsmontreal.ca.

Let us support you in reaching your goals and objectives.

Thank you for being involved in suicide prevention!



Suicide Prevention
Centre of Montreal